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over 30 years in Belleville

Karate  
Goju-Ryu  
Jiu-Jitsu  
Children & Adult Classes  
Women's Self Defence Courses  
Grappling



## SATORI - UNIFORMS - STANDARD SIZE CHART

### Beginner & Intermediate Karategi

Height	Height	Weight	Weight	SIZE	FITS
Inches	Centimetres	LBS	KG	Standard	Average
3' 2" - 3' 6"	95 - 105	25 - 35	12 - 16 kg	<b>*000</b>	<b>3 year old</b>
3' 6" - 3' 9"	105 - 113	35 - 45	16 - 20 kg	<b>*00</b>	<b>4 - 5 yr old</b>
3' 9" - 4' 2"	113 - 125	45 - 60	20 - 27 kg	<b>*0</b>	<b>6 - 7 yr old</b>
4' 2" - 4' 8"	125 - 140	60 - 80	27 - 36 kg	<b>*1</b>	<b>8 - 9 yr old</b>
4' 8" - 5' 0"	140 - 150	80 - 100	36 - 50 kg	<b>*2</b>	<b>10 - 11 yr old</b>
5' 0" - 5' 4"	150 - 160	100 - 140	50 - 63 kg	<b>*3</b>	<b>teen - sm. Adult</b>
5' 4" - 5' 8"	160 - 170	140 - 180	63 - 81 kg	<b>*4</b>	<b>med. Adult</b>
5' 8" - 6' 0"	170 - 180	180 - 220	81 - 100 kg	<b>*5</b>	<b>Adult</b>
6' 0" - 6' 4"	180 - 190	220 - 260	100 - 118 kg	<b>*6</b>	<b>Ig. Adult</b>
6' 4" plus	190 - plus	260 - 300	118 - 136 kg	<b>*7</b>	<b>X-Ig. Adult</b>

\* Applies to: Beginner uniforms, 100% Cotton, white or black  
Intermediate uniforms, 100% Cotton, white or black